Throw someone for a loop = surprise someone

Remove each at a time

Properly: một cách đoàng hoàng

No sooner had I went to high school than my dad bought me

Not until I entered primary school did my mom allow me

Be within walking distance of something: gần gì đó

My school was within walking distance of my house.

Breath in some fresh air: thở gió mới

Change of breath/scenery

I’d ride for around one hour -> feels invigorating/ it invigorates me

I cycle almost every day except when it rains

Keep the flabs off

Feel invigorated

Tonic for my soul: liều thuốc cho tâm hồn

I’ve been busy/ It’s been raining

Compact: gọn gang

It’s out of the question: điều không thể

Soak in sweat: ướt đẫm mồ hôi

Mutter: lầm bầm

Blares: kêu ầm

Stigmatize: nhán dãn xấu, vết nhơ

Narration: sự thuật lại, kể lại

Directed: hướng tới, nhắm tới

Facet: khía cạnh

Hypothesis: thuyết, giả sử

Morph into: biến thành gì đó

Induce: gây ra

Ruminate on something: suy nghĩ đi suy nghĩ lại về cái gì đó

It didn’t live up to my expectations

The name slips (nó trượt khỏi đầu tôi) my mind -> it’s leafy: cây nhiều lá

Tranquil/ soothing = healing

Deserted: hoang vu, trống trãi

Frustrated:

Put something to good use

I would either travel to somewhere off the grid: một nơi natural

Binge-eating: xem phim nhiều

Throw a party

Farewell party

It’s going to take place on mid-July

As much as I could

If things go according to my plan

Work keeps me busy

We don’t meet each other as much as we used to

My mind blanked up

I find myself more productive in the early morning